

SILAT -

A Monthly Newsletter by
Singapore Silat Federation



- UN CUT

Vol. 50 December 2022

Editor's Note

THANK YOU

It is interesting how you feel when there is a year's worth of time ahead of you at one moment and when the same year is behind you the very next moment. At the beginning of the year, you feel like there is so much time available to ponder things and do this and that. Then at the end of the year, you wonder where all that time went, and wish you had so much more time to do this and that. This is exactly how I feel as I sign off on this last issue for the year, a year that comes fast to completion.

I would like to extend my sincerest thanks to our ever-so-supportive readers for your continued support for Silat Uncut. This is the last issue for 2022, and I would like to close the year with excitement as we are looking forward to a year full of events for Pencak Silat locally and internationally.

You may provide your feedback on any aspect of our e-newsletter by contacting me at ifrah@persisi.org. I would very much like to hear your thoughts on any part of this editorial, and how I can make it more appealing to you, our valued readers.

Happy New Year!



ONE
SGSILAT

INTERNATIONAL PENANG OPEN PENCAK SILAT CHAMPIONSHIP 2022



PENANG, MALAYSIA

The first competition to kickstart the very busy month for our athletes! The *International Penang Open Pencak Silat Championship 2022* was held from the 7th to the the 11th of December 2022, at the *Kompleks Pencak Silat Batu Uban Pulau Pinang & Dewan Utama Tapak Pesta Sungai Nibong*.

The strong team of 21 athletes to represent Singapore in two different teams (Team Singapore A & Team Singapore B) managed to clinch a total of 7 Gold, 1 Silver and 8 Silver medals!



TEAM COMPOSITION

SINGAPORE A

MALE	EVENT	FEMALE
Muhammad Shaiman Johanis	A	Nur Tuhfah Izzah Bte Md Roslan
Muhammad Iqbal Bin Ibrahim	B	Nurul Filzah Syairah Binte Rohaizad
Aniq 'Asri Bin Mohammad Yazid	C	Dewi Ellyana Binte Zarudin
Muhammad Harits Bin Mohamad Yusli	D	Nurul Suhaila Binte Mohamed Saiful
Muhammad Alif Bin Mohamed Anuar	E	
Abdul Raaziq Bin Abdul Rashid	F	
Nurhisham Bin Sapari	G	
Muhammad Nurshahfareeq Bin Shahrudin	H	

TEAM COMPOSITION

SINGAPORE B

MALE	EVENT	FEMALE
Muhamad Isqandar Dzulfiqar Bin Md Roslan	A	Naila Alayna Binte Zulkarnain
Muhamad Eidrizz Ar- Rayyan Bin Md Roslan	B	Nurul Jannah Muhamad Roslan
Muhammad Naufal Bin Abdullah	C	Rifqah Mursyidah Binte Mistam
Ahmad Hanin Bin Abdul Rahim	D	
Nur Hadi Bin Norshamsuddin	E	
Mirza Bin Sahrin	F	
	G	











TEAM

SINGAPORE A



GOLD MEDALISTS

Male Class A: Muhammad Shaiman Johanis

Male Class C: Aniq 'Asri Bin Mohammad Yazid

Male Class H: Muhammad Nurshahfareeq Bin Shahrudin

Female Class A: Nur Tuhfah Izzah Bte Md Roslan

Female Class D: Nurul Suhaila Binte Mohd Saiful

SILVER MEDALISTS

Male Class B: Muhammad Iqbal Bin Ibrahim

BRONZE MEDALISTS

Male Class E: Muhammad Harits Bin Mohamad Yusli

Male Class F: Abdul Raaziq Bin Abdul Rashid

Male Class G: Nurhisham Bin Sapari

Female Class C: Dewi Ellyana Binte Zarudin

TEAM

SINGAPORE B



GOLD MEDALISTS

Male Class F: Mirza Bin Sahrin

Female Class C: Rifqah Mursyidah Binte Mistam

BRONZE MEDALISTS

Male Class B: Muhammad Eidrizz Ar-Rayyan Bin Md Roslan

Male Class D: Ahmad Hanin Bin Abdul Rahim

Male Class E: Nur Hadi Bin Norshamsuddin

Female Class B: Nurul Jannah Muhamad Roslan

TOTAL MEDAL TALLY

GOLD - 5 (Singapore A), 2 (Singapore B)

SILVER - 1 (Singapore A)

BRONZE - 4 (Singapore A) , 4 (Singapore B)

WASIT JURI IPSI KEPRI CHAMPIONSHIP 2022



BATAM, INDONESIA

The Wasit-Juri IPSI Kepri Championship was held from the 14th to the 19th of December at the Botania Mall in Batam, Indonesia. For this competition, we set our little athletes to represent Singapore, and boy, did they impress us!

The team clinched a total of 12 Gold and 6 Silver medals. This shows the great beginning of our junior athletes, and we can't wait to see what they've got for us in 2023!



TEAM COMPOSITION

12 - 15 YEARS OLD

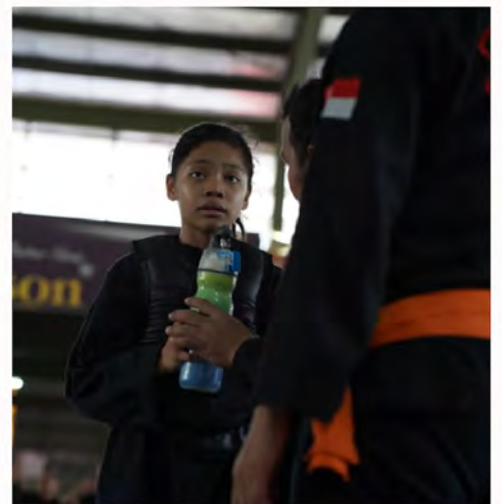
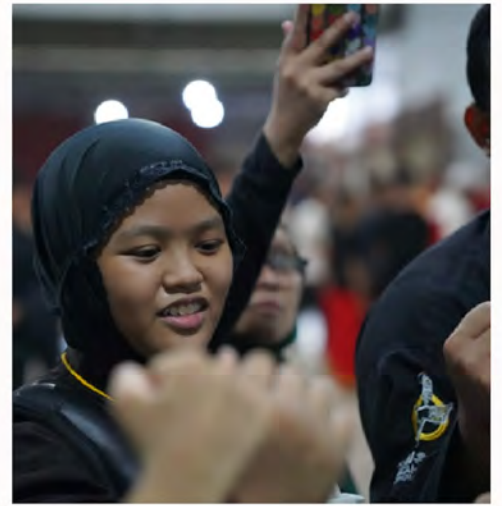
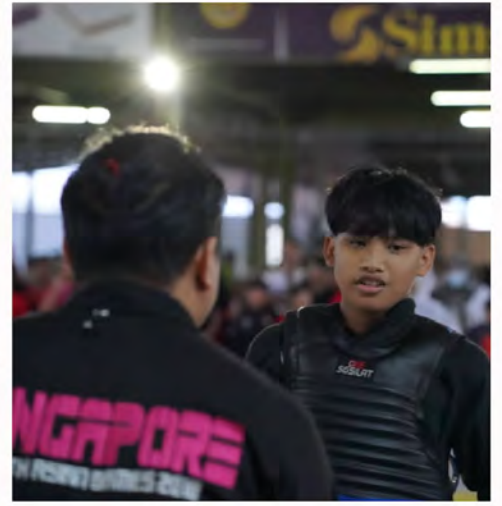
MALE	FEMALE
Raphael Ebuka Bin Abdullah	Nur Izzah Johanis
Muhd Aniq Farish Bin Roslan	Maisarah Binte Sahrin
Muhd Eydrian Putra Bin Soffian	Nur Iffah Johanis
Tuah Iskandar Junaidi Iskandar	
Ilhan Dani Bin Muhd Zaki	
Reza Muhd Syafiq Bin Muhd Rizal	
Rizk Muhd Syafi Bin Muhd Rizal	

TEAM COMPOSITION

7 - 12 YEARS OLD

MALE	FEMALE
Aydeen Furozh Bin Muhd Firdaus	Sofea Aqilah Adha Binte Mohd Afith
Aniq Rifqi Bin Muhd Firuz	Sarah Rania Binte Mohd Noor Rafili
Shariq Rezza Bin Mohd Noor Rafili	Aura Nasyiah Binte Safarudy
	Nur Abqarah Audadi Binte Zulkifli
	Aura Aydria Putri Binte Soffian









GOLD MEDALISTS



- Nur Iffah Johanis
- Aydeen Furozh Bin Muhd Firdaus
- Shariq Rezza Bin Mohamed Noor Rafili
- Muhammad Aniq Farish Bin Roslan
- Aura Nasyiah Binte Safarudy
- Nur Abqarah Audadi Binte Zulkiffli
- Tuah Iskandar Junaidi Iskandar
- Ilhan Dani Bin Muhammad Zaki
- Sarah Rania Binte Mohamed Noor Rafili
- Aniq Rifqi Bin Muhamad Firuz
- Maisarah Sahrin
- Sofea Aqilah Adha Binte Mohamad Afith

SILVER MEDALISTS

- Reza Muhd Syafiq Bin Muhd Rizal
- Muhammad Eydrian Putra Bin Soffian
- Rizk Muhamad Syafi Bin Muhamad Rizal
- Aura Aydria Putri Binte Soffian
- Raphael Ebuka Bin Abdullah
- Nur Izzah Johanis



BEST ATHLETE AWARD

Muhammad Aniq Farish Bin
Roslan



TOTAL MEDAL TALLY

GOLD - 12

SILVER - 6

BRONZE - 0

WALIKOTA BATAM OPEN 2022



BATAM, INDONESIA

The Walikota Batam Open 2022 is the competition to wrap up 2022, before our athletes go on their well-deserving break in preparation for the upcoming new year!

Our athletes went ahead with a bang and gave all they got. This resulting to Team Singapore being crowned Overall Champions! From this competition, our athletes clinched a total of 16 Gold, 3 Silver and 2 Bronze medals. Congratulations!



TEAM COMPOSITION

SENIOR CATEGORY (17 - 35 YEARS OLD) - TEAM A

MALE	EVENT	FEMALE
Muhammad Shaiman Johanis	A	Nur Ellyana Shafiqah Binte Taufik
Muhammad Khairul Fitri Bin Sudirman	B	Nadhras Binte Sahrin
Aniq 'Asri Bin Mohammad Yazid	C	Dewi Ellyana Binte Zarudin
Ahmad Hanin Bin Abdul Rahim	D	Sharifah Shazza Binte Samsuri
	E	
Raja Zulfadli Bin Raja Mahmod	F	
Nurhisham Bin Sapari	G	
Muhammad Syahiran Bin Jeffry	H	
Muhammad Nurshahfareeq Bin Shahrudin	I	

TEAM COMPOSITION

SENIOR CATEGORY (17 - 35 YEARS OLD) - TEAM B

MALE	EVENT	FEMALE
	A	
	B	Nurul Jannah Binte Muhammad Roslan
	C	
Alyff Ryhan Bin Mohamad	D	
	E	
	F	
	G	
	H	
	I	

TEAM COMPOSITION

JUNIOR CATEGORY (14 - 17 YEARS OLD) - TEAM A

MALE	EVENT	FEMALE
	A	
	B	Naila Alayna Binte Zulkarnain
Mohammad Ridzqi Bin Mohammad Fadzil	C	Nur Aniqah Qistina Bine Roslan
Adib Faris Bin Ramli	D	Nurul Filzah Syairah Bte Rohaizad
Muhammad Raqib Bin Mohamed Raffi	E	Rifqah Mursyidah Binte Mistam
Muhammad Naufal Bin Abdullah	F	Quraifah Aqiffah Binte Muhammad Suria
Muhammad Raiyan Rifqi Bin Suhaimi	G	
Mirza Bin Sahrin	H	

TEAM COMPOSITION

JUNIOR CATEGORY (14 - 17 YEARS OLD) - TEAM B

MALE	EVENT	FEMALE
	A	
Abdul Raaif Bin Abdul Rashid	B	Nur Izzah Johanis
	C	
Raif Muhamad Syariz Bin Muhamad Rizal	D	
	E	
	F	
	G	
	H	Maisarah Binte Sahrin

TEAM COMPOSITION

PRE-JUNIOR CATEGORY (12 - 14 YEARS OLD)

MALE	EVENT	FEMALE
	A	
	B	
	C	
Tuah Iskandar Junaidi Iskandar	D	
	E	
	F	
	G	
Ilhan Dani Bin Muhd Zaki	H	















PRE-JUNIOR & JUNIOR TEAM



GOLD MEDALISTS

Pre-Junior

Male Class H: Ilhan Dani Bin Muhd Zaki

Junior

Male Class F: Muhammad Naufal Bin Abdullah

Male Class G: Muhammad Raiyan Rifqi Bin Suhaimi

Male Class H: Mirza Bin Sahrin

Female Class B: Naila Alayna Binte Zulkarnain

Female Class D: Nurul Filzah Syairah Bte Rohaizad

Female Class E: Rifqah Mursyidah Binte Mistam

Female Class F: Quraifah Aqiffah Binte Muhammad Suria

SILVER MEDALISTS

BRONZE MEDALISTS

Junior

Female Class B: Nur Izzah Johanis

Pre-Junior

Male Class D: Tuah Iskandar Junaidi Iskandar

Junior

Female Class H: Maisarah Binte Sahrin

SENIOR

TEAM



GOLD MEDALISTS

Male Class A: Muhammad Shaiman Johanis

Male Class C: Aniq 'Asri Bin Mohammad Yazid

Male Class D: Alyff Ryhan Bin Mohamad

Male Class G: Nurhisham Bin Sapari

Male Class H: Muhammad Syahiran Bin Jeffry

Male Class I: Muhammad Nurshahfareeq Bin Shahrudin

Female Class B: Nadhrah Binte Sahrin

Female Class D: Sharifah Shazza Binte Samsuri

SILVER MEDALISTS

Male Class F: Raja Zulfadli Bin Raja Mahmud

Female Class D: Dewi Ellyana Binte Zarudin





BEST ATHLETE AWARD

Junior: Nurul Filzah Syairah Bte Rohaizad

Senior: Aniq 'Asri Bin Mohammad Yazid



TOTAL MEDAL TALLY

GOLD - 16

SILVER - 3

BRONZE - 2

FACE OF THE MONTH: RAJA ZULFADLI

My name is Raja Zulfadli Bin Raja Mahmud, 29 years of age, and I am playing in Class F in the Senior Match category.

I have been passionate about combat sports and practicing Taekwondo for almost 18 years. I have been actively training with the Taekwondo National team since 2009 and competed in multiple major games and world events.

I always want to fulfill my potential to the fullest with my capabilities. I never give up on anything that I do and seek to overcome any challenges I may face. Challenges therefore excite me and if I am not good at a particular skill or technique, I will work on it till I get it right.





Before getting into the Silat National team, I saw how my fellow Team Singapore Silat athletes become champions in major events. This made me excited to be part of their athlete development programme which, from what I can see, is practical goal-oriented, proven and effective.

The coaches and athletes in the Silat team are amazing. We also enjoy the strong support of and guidance from Singapore Silat Federation. I would also like to take this opportunity to thank Dr Sheik Alau'ddin Yacoob Marican, PBM, CEO of Singapore Silat Federation, for giving me the boost and building my confidence in the Pencak Silat world by really exposing me to higher levels of competition.

At the recent Walikota Batam Open Pencak Silat Championship in December 2022, I clinched a Silver medal for my first-ever Silat competition. It was truly a great experience as I am able to compete with the old rules and get a feel of it as Silat is a new combat sport for me. I look forward to getting used to the new rules and how they will make Silat more dynamic and challenging.



My main motivation for doing Silat is to be a Silat World Champion and to make Singapore and Singapore Silat Federation proud. I also want to compete with elite athletes from across the globe. I want to be one of the greats and that can only come from the highest level of competition. I would also love to encourage everyone to practice the sport and understand what Pencak Silat actually is.

Within the next year, I want to be a SEA Games champion and a World Champion. With my main strengths which include my fast kicks, stamina, endurance and agility, I will push myself to do the best that I can to achieve those goals.



It may sound weird to some but to be honest my confidence really comes from within myself. I love pushing myself to be the best that I can be no matter how hard the training is. It may be tiring but at the end of the day I will always know that I did my best and feel satisfied.

For me, it is motivating if I always find a reason to train. No matter how hard or what the obstacles I may face, there will always be a way. Nobody love training because it is extremely exhausting but when we start we have to finish it no matter how hard and grueling it may be. To be the best we have to give our very best in training so that in the competition it will be second nature to us. How I perform in the competition is a reflection of how I am during training.

I look up to Muhammad Ali, as he is someone who knows he is the greatest of all time because he trains hard, harder than anyone else in the room.

I will always remember one of his quotes that live within me:

“ —

I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.'



— MUHAMMAD ALI



FOLLOW DR SHEIK ALAU'DDIN!



FOLLOW ME





TRAIN WITH MASTER SHEIK



Some people want it to happen, some wish it would happen, and others make it happen. You can make it happen, by joining a physical training session with the Silat Master, Dr. Sheik Alau'ddin!

Sessions will kick off on the 28th of January 2023, and we are looking forward to having you here with us at the OCBC Arena! Plus, you will also get the chance to represent Singapore with the rest of the National Silat Team!

Details can be found in the next page.



START TRAINING MASTER SHEIK TODAY!

Want to be fitter, healthier, and stronger? Join me, and get the chance to represent TeamSG Silat!

REGISTER NOW



SIGN UP NOW:
Via Google Form
Link at Bio!



SATURDAYS
OCBC Arena, Hall 4

PACKAGE LIST

\$35
/ month

Standard

- ✓ 10 - 21 years old
- ✓ Basic motor skills
- ✓ Body coordination
- ✓ 1-year membership
- ✓ 2 hours per session

\$450*
/ year

Elite

- ✓ 18 years old & above
- ✓ Muscular Strength
- ✓ Muscular Endurance
- ✓ Flexibility
- ✓ Body Composition
- ✓ Cardiovascular Endurance
- ✓ 2 hours per session

*\$120 per 3-months membership

\$15
/ session

No-commitment

- ✓ 10 years old & above
- ✓ For individuals with busy schedules
- ✓ Training scope depends on programme of the day
- ✓ Promo: \$100 for 8 sessions (with 6 months expiry)
- ✓ 2 hours session

We also offer a One-Time Trial Session for \$10. Trial session is 1 hour 30 minutes and will be held every Friday evening.

Terms & Conditions:

- Membership will only be confirmed once FULL payment is received
- All memberships are NOT exchangeable/refundable/transferable

#OUTOFARENA



**OUT OF
ARENA**

#OUTOFARENA is an effort to promote the sport and the people involved in the Silat community in Singapore via video content on our YouTube channel, as well as our Social Media platforms.

Keep your eyes peeled for more fun and exciting content on our YouTube channel and our TikTok as well!



Singapore Silat
Federation



sgsilat

BAG TO SCHOOL BY NUR INSAN

Bag To School was founded by Nur Insan on the firm belief that learning is a lifelong process that is essential for shaping successful lives and in building a prosperous community.

On the launch that was held on the 18th of December 2022, our Artistic Silat athletes along with our champs from Project Pencil Singapore were invited to perform at the event!



SIJORI CHAMPIONSHIP 2023

On the 1st of December 2022, Dr Sheik Alau'ddin sat down with Pak Huzrin Hood at the OCBC Arena on the rebirth of the SiJoRi Championship.

The championship will be held either in Singapore, Johor, or Karimun, with the weight categories open for all athletes from the pre-teen, pre-junior, junior and senior classes.

Keep a lookout for more information through our website, or social media pages!



SILAT TRAINING FOR THE SINGAPORE RED CROSS

On the 8th of December 2022, we held a training session for the Singapore Red Cross in light of the December school holiday.

The session covered the introduction of Pencak Silat and Singapore Silat Federation, a warm-up session, learning the basic Silat techniques and ended off with a game session.

We hope that this has made a memorable session for our participants!

If your organisation is interested in taking part in a session like this, feel free to contact us at ssf@persisi.org.





COACHES' APPRECIATION NIGHT

On the 7th of December 2022, CoachSG honored our National Coaches who had been the pillars behind the National Silat team's success at the 31st SEA Games.

The Coaches' Appreciation Night 2022, was a celebration for all coaches, recognising their tremendous hard work, dedication, inspiration, and encouragement that have helped Singapore athletes reach their goals, especially during the challenging pandemic years.

It honoured Team Singapore coaches who had contributed to five Major Games within 2019-2022:

- Southeast Asian Games 2019
- Southeast Asian Games 2021
- Commonwealth Games 2022
- ASEAN Para Games 2022, and
- Tokyo 2020 Paralympic Games.





The recipients who were honoured in this event were: Dr. Sheik Alau'ddin Yacoob Marican, PBM, Muhammad Fiqri, Selvi Dwi Sri Marlina, Muhamad Hamdi, Hendri Fardli and our late coach, Mochammad Ichsan Nur Romadhon.



COACH DEVELOPER LEVEL 1 PROGRAMME

From the 13th to the 15th of December 2022, the International Council Coaching Excellence (ICCE) Coach Developer Level 1 Programme was held for the fifth cohort. To represent Singapore Silat Federation, we had our coaches Mr. Noh Mohd Shariff and Mr. Hasmuzaffar Hasibollah attend the programme.

This programme allows participants to explore the different facilitation tools & techniques for the delivery of their coaching programmes.



Photos from: CoachSG Facebook Page

SPORTSG CEO LIM TECK YIN TO STEP DOWN



Photos: SportSG, MCI

Sport Singapore (SportSG) chief executive officer Lim Teck Yin will step down on Apr 1, 2023 after 12 years at the helm.

Deputy secretary at the Ministry of Communications and Information (MCI) Alan Goh will be appointed as CEO (designate) of SportSG on Feb 15 next year, before taking over from Mr. Lim on Apr 1.



RECRUITMENT: SILAT ALUMNI

Shout-out to former national Silat athletes, do register with us as
Silat Alumni!



SINGAPORE SILAT FEDERATION

**JOIN
OUR
ALUMNI
TEAM**



INSPIRE DEDICATE ASPIRE

For more enquiries, contact us at: +65 6282 2316 or ssf@persisi.org

 **ONE
SGSILAT**

ADDRESS: NO 11 BEDOK NORTH ST 1 #04-02 (469662)
WEBSITE: WWW.PERSISI.ORG
FACEBOOK: WWW.FACEBOOK.COM/SGSILAT
INSTAGRAM: WWW.INSTAGRAM.COM/SGSILAT
YOUTUBE: WWW.YOUTUBE.COM/SSF



SPORTS CHAMPIONS OF SINGAPORE!

Featured in a Sports Magazine this year as one of the Sports Champions of Singapore, Dr Sheik Alau'ddin was recognised and featured alongside with other reputable names in the athletic industry.

CHAMPION

SPORTS CHAMPIONS
OF
SINGAPORE



KAMPUNG KARNIVAL @ KHATIB

The SG Cares Volunteer Centre @ Yishun held an event on the 3rd of December 2022 to encourage volunteerism and foster participation within the community through performances,, activities and many more!

Singapore Silat Federation was invited to showcase our artistic athletes in a performance, and we also were given a booth for people to try-out with our athletes and coaches!

Proudly organised by: Partnering: In support of:

KAMPUNG KARNIVAL

3RD DEC 2022 | 4PM-8PM
Multi-Purpose Court @ Khatib
In front of Block 838, Yishun Street 81

NS 14 KHATIB

ASSOC PROF MUHAMMAD FAISHAL IBRAHIM
Minister of State, Ministry of Home Affairs & Ministry of National Development

EXPLORE YISHUN'S SOCIAL CAUSES, GAMES, PERFORMANCES, ART, FOOD AND MORE!

FOLLOW FOR MORE INFO
[@SGCARESVCYISHUN](#)



FILMING WITH TEAM SINGAPORE!



Team Singapore filmed a video featuring our Silat athletes to usher in the New Year!

Check the video out in the QR code below:



STANDARD CHARTERED MARATHON 2022

Over the weekend of the 1st and 2nd of December 2022, staff members of Singapore Silat Federation, National Athletes, National Coaches, along with some parent volunteers, volunteered for this year's Standard Chartered Marathon once again!

Spreading across the stations for the race pack distribution, we had lots of fun interacting with the participants and volunteering for the event.

We look forward to support the future marathons in the next coming years!







FEATURES

Friday, December 09, 2022

BeritaHarian

BH f t i
www.beritaharian.sg

SILAT

21 pesilat S'pura masuk gelanggang antarabangsa Terbuka Pulau Pinang

► ZULAIHAH ABDUL RAHIM
zulahr@sph.com.sg

SETELAH kejayaan di Kashmir, India, pada Kejohanan Pencak Silat Asia 2022 Oktober lalu, satria Singapura masuk gelanggang Pulau Pinang sentilam pula untuk menakhaki arena antarabangsa.

Pasukan Singapura, yang diwakili 21 pesilat – dibahagikan kepada dua kumpulan, Singapura A dan Singapura B – berada di sebarang Tambak sejak Selasa lalu untuk bersaing dalam Kejohanan Pencak Silat Antarabangsa Terbuka Pulau Pinang.

Pemenang pingat perak Kejo-

han Pencak Silat Dunia 2018, Abdul Raaziq Abdul Rashid, memimpin skuad negara itu.

Ia turut dibintangi juara dunia 2018 dan pemenang pingat emas Sukan SEA tahun ini, Nurul Suhaila Mohd Saiful; juara dunia 2022, Aniq Asri Mohammad Yazidi; dan juara Asia 2022, Muhammad Nurshahfareeq Shahrudin dan Nur Tuffah Izzah Md Roslan.

Awal pagi semalam, dua pendekar Singapura berjaya mara ke pusingan selanjutnya.

Muhammad Iqbal Ibrahim mengalahkan harapan tuan rumah Pulau Pinang Muhammad Alif Haikal 5-0 dan

lam suku akhir Tanding Putera B.

Ahmad Hanin Abdul Rahim juga menang 5-0 ke atas Muhammad Adam dari pasukan Kedah Fighter pada saringan Tanding Putera D.

Bagaimanapun dalam acara sama, pesilat Singapura Muhammad Alif Mohamed Anuar tumpas menerusi penyingkiran ketika berdepan Muhammad Alif Hakimi dari Kuala Lumpur.

Saingan kejuaraan di Pulau Pinang itu akan sampai ke kemuncaknya Ahad ini.

Di Kashmir, Singapura membolot sembilan emas, empat perak dan enam gangsa.



TUNJUK TARING: Ahmad Hanin (kanan) dan Singapura beraksi ketika menentang Muhammad Adam daripada pasukan Kedah Fighter dalam pusingan saringan Tanding Putera D semalam. – Foto PERSEKUTUAN SILAT SINGAPURA

9 December 2022, Berita Harian, 21 pesilat S'pura masuk gelanggang antarabangsa Terbuka Pulau Pinang



我踏月色问英雄 青云直上九重霄

2022-12-14 | 来源：中华网生活

责任编辑：李玥

热烈祝贺朱青云小朋友入选新加坡新加坡席拉武术国家队，他是队内年纪年龄最小的也是唯一的华人。青云的母亲是香港人曾获2013年年度中国小姐，他的父亲则是土生土长的新加坡人，或许正是因为这个原因，他自小便接受着多元化的教育，眼界开阔，颇有卓识，对席拉武术也表现出了惊人的兴趣和天赋。



14 December 2022, china.com, 我踏月色问英雄 青云直上九重霄



Walikota Batam Open Pencak Silat 20-25 Desember 2022, Diikuti Negara Singapura dan Jepang

Romi Kurniawan - 22 Desember 2022, 08:01 WIB



Walikota Batam Open Pencak Silat 20-25 Desember 2022, Diikuti Negara Singapura dan Jepang /

22 December 2022, kepri.pikiran-rakyat.com, Walikota Batam Open Pencak Silat 20-25 Desember 2022, Diikuti Negara Singapura dan Jepang





22 December 2022, Live with 91.7FM BATAM



24 December 2022, Batam TV, Dialog Khusus: Open Turnamen Ajang Seleksi Atlet Silat Berprestasi featuring Dr. Sheik Alau'ddin





Walikota Batam Muhammad Rudi 'Duel' dengan Presiden Asian Pencak Silat Federation

Romi Kurniawan - 25 Desember 2022, 10:51 WIB



Walikota Batam Muhammad Rudi 'Duel' dengan Presiden Asian Pencak Silat Federation /

25 December 2022, kepri.pikiran-rakyat.com, Walikota Batam
Muhammad Rudi 'Duel' dengan Presiden Asian Pencak Silat
Federation



ACTIVESG SCHOOL HOLIDAY PROGRAMME: MARTIAL ARTS DAY CAMP

On the 1st of December 2022, a Martial Arts Day Camp by ActiveSG was held at the Woodlands Sports Centre.

Our coaches went down to conduct a basic Silat session, including a weapon try-out! This was conducted in light of the School Holiday Programme that ActiveSG conducts every school holiday for participants to learn about traditional and modern Silat and its differences.

We hope the participants have a good time, and we look forward for more sessions like these!





ACTIVESG SCHOOL HOLIDAY PROGRAMME

📍 PASIR RIS SPORTS CENTRE

Working together with ActiveSG (Sport Singapore), a Pencak Silat program was organized at most of the Sports Centres in Singapore during the school term break.

Introducing Pencak Silat as one of the popular martial arts practiced in Singapore, ActiveSG members got the chance to attend the session this December School Holiday.



FUNFAM SPORTFEST 2022

ActiveSG organized the FunFam SportFest in light of the December holidays, fit for families to take part in activities such as My 1st Coach, Dance Fitness Party, and Learn-to-Play Tennis and Volleyball!

The FunFam SportFest was held on the 17th of December 2022, at the Singapore Sports Hub from 8.30am - 6pm, where families bonded and sweat it out with their families at the different sports tryouts and games.

Singapore Silat Federation supported this event by having our very own coaches and athletes at the OCBC Arena, Hall 2, including a meet-and-greet with our SPEX Scholars!







FEATURE ON MINISTER EDWIN TONG'S PAGE!

As part of the FunFam SportFest campaign that was held at the Singapore Sports Hub by ActiveSG, we had the honors of catching up with the Minister of Culture, Community and Youth, Mr. Edwin Tong!

Check the post out below!



Our TeamSG silat athletes were here with us too! A good opportunity to promote different sports such as silat, to our future generations

You and 10 others

Like

Comment

Share



5

Like

Comment

Share



SPECIAL FEATURE: HERO CHOO

I am Hero Choo, and I am 5 years old this year!

I am kind, helpful, sometimes shy, and as my mummy would describe me, sometimes naughty.

I got into Silat from the National Recruitment Boot Camp that was held earlier this year, and even though it was tiring, but I found it very fun! With that, I asked my mummy to sign me up to be a part of the Silat team!



To me, I find the artistic part of Silat very cool, and that was what made me interested to try out the sport.

It is also great that I get to play games during Silat training. My coaches and teammates make training so fun, and I look forward to coming for training everytime!





During my free time, I also like to play football, help my mummy cook, and also play with my little siblings. Being a Silat athlete, it makes me feel brave that I am training myself and one day I will be big and strong to protect my family.

This coming new year, I want to be able to be better in Silat and learn many new things. My goal is also to go to another country and see the world with my family.



EQUIPMENT FOR SALE



trisula
(sold in pairs)

karambit
(sold in pairs)



cambuk

For enquiries on how to purchase the training equipment,
you can send an email to fidzah@persisi.org.



golok
(size 1 - 26.0cm)



golok
(size 2 - 29.0cm)



golok
(size 3 - 32.0cm)



golok
(size 4 - 35.0cm)



golok
(wood)

For enquiries on how to purchase the training equipment,
you can send an email to fidzah@persisi.org.



sabit



dagger



padding

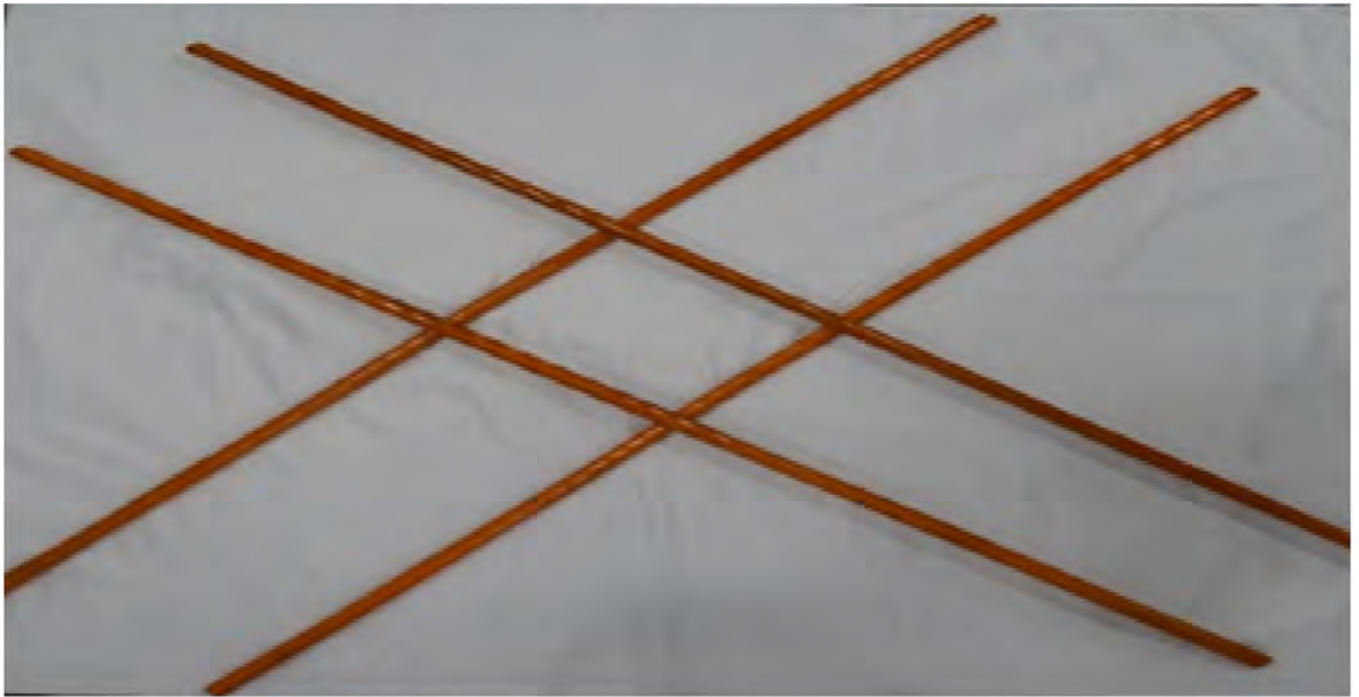
For enquiries on how to purchase the training equipment,
you can send an email to fidzah@persisi.org.



keris



For enquiries on how to purchase the training equipment,
you can send an email to fidzah@persisi.org.



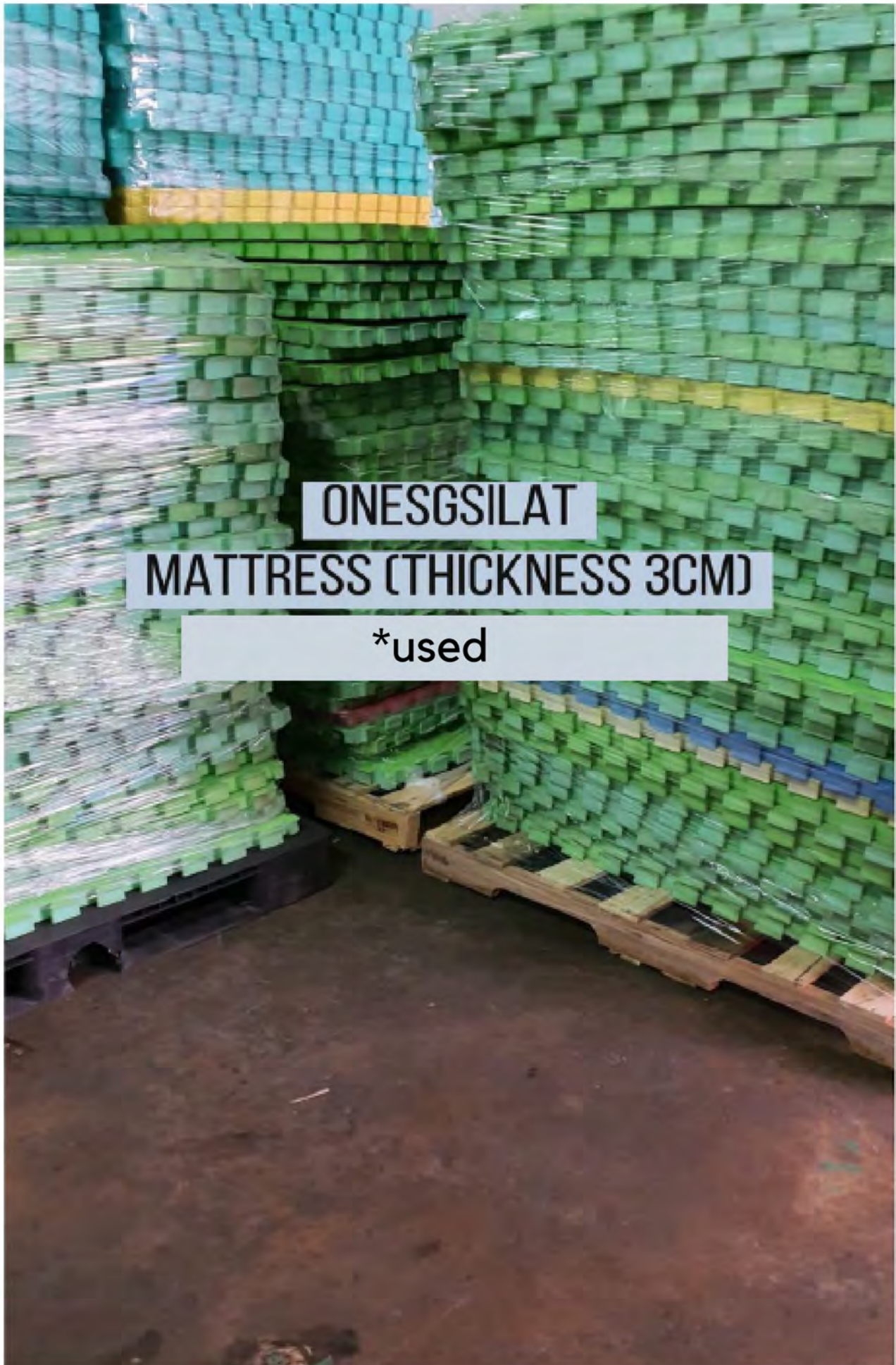
toya



**body protector
(sold in pairs)**

*Please note that this is a prototype, not an original.

For enquiries on how to purchase the training equipment, you can send an email to fidzah@persisi.org.



**ONESGSILAT
MATTRESS (THICKNESS 3CM)**

***used**

For enquiries on how to purchase the training equipment,
you can send an email to fidzah@persisi.org.



**FOR
SALE**



To place your orders, <https://form.jotform.com/222978874466072>

THE PEOPLE BEHIND SG SILAT

TEAM UNKERSANS
(VOLUNTEER PHOTOGRAPHERS)

Team *Unkersans* consists of four dedicated amateur photographers who are the ones behind the eye-catching photos of Pencak Silat in action. These individuals are, Jia Xing, Jupong, Leong AC, and SK Teck; uncles whom almost all of them retirees, who enjoy photography as a hobby.

Jia Xing is a retiree who spends most of his days taking sport photography and fun with his vintage lens. He believes in giving back memories to those athletes who have trained and sacrificed their time in the sport that they love and enjoy. Many a times, he hears from athletes that they don't have photos for memories.

Jupong is the only one amongst the four who is still working. Besides photography, he also goes to the gym to keep himself fit.



AC started his career as an Air Force Technician, and retired as a computer software consultant.

SK spent his early childhood years in a *kampung* in Johor, Malaysia. In his younger days, he loved sports, especially football and represented his primary and secondary schools. He came to Singapore in 1979 to further his studies and has since made Singapore his home. After graduating, he started working as a teacher teaching Physical Education. He later joined the Ministry of Education HQ until he retired in December 2018.



As a young kid, Jia Xing loved to watch his uncle develop photos in his darkroom with several trays of chemicals and performing magic. Time and again, he would peek into his uncle's *Rolleiflex* camera to see what he's shooting. Holding a magic box with its twin lens, looking down the viewfinder to see subjects resolve into and out of focus. The flash gun amused him, too. Every time a flash is used, the flash bulb needs to be changed. That kickstarted Jia Xing's journey into the world of photography many years later.

He picked up his first SLR film camera when he saved enough money in his working life to afford one. However, that was shortlived.

Work, family commitments, and the cost of film and developing them caused Jia Xing to stray away from photography for many years until the digital camera came into the scene. He picked up his DSLR camera at 55 years of age and started out on landscape and micro photography.

Occasionally, he tried out taking photos at dragon boat races, gymnastic events and lion dances. It was the 2015 SEA Games that had parachuted him into sport photography and he never looked back since.



For Jupong, he was attracted to photography by the "clicking" sound that a camera makes and the image quality taken by a DSLR.

During a holiday tour, one of his tour mates passed a DSLR to him and asked him to take a photo of their family. As he has never handled a DSLR before (only point and shoot), he was unsure on how to use it. He was then told that all the settings were done, he just needed to aim and press the shutter, just like a point and shoot camera. Jupong did what he was told, and the moment he pressed the shutter, the sound of it just attracted him and when he looked at the image, he was blown away by the colour, quality and the sharpness of the image. That was when he started to fall in love with photography.



AC got into photography in the early 70's, playing with film cameras and the darkroom, but became less involved when work got busier. He then got into photography again in the 2000's, when work life was more relaxed.

Digital photography has made this hobby more convenient and easier to manage while the action in sports photography added the element of challenge.

SK was already interested in photography in his younger days, dabbling with the film camera. However, he had to put aside photography due to work and family commitments.

About 10 years ago, he picked up the hobby again as part of his retirement plan. He bought his first DSLR camera and started on macro photography. He was fascinated by the beauty and appearances of insects, spiders, dragonflies and other small creatures when they were magnified.

However, as an individual who is keen on sports and action, he decided to try sports and bird photography a few years later. As he ventured into sports and bird photography, he began to love capturing and freezing peak actions, like an eagle diving into the water to catch a fish or athletes displaying their emotions.

Jia Xing and AC started taking sports photography during the 2015 SEA Games which was held in Singapore. After that, they continued to cover sports under Team Nila.

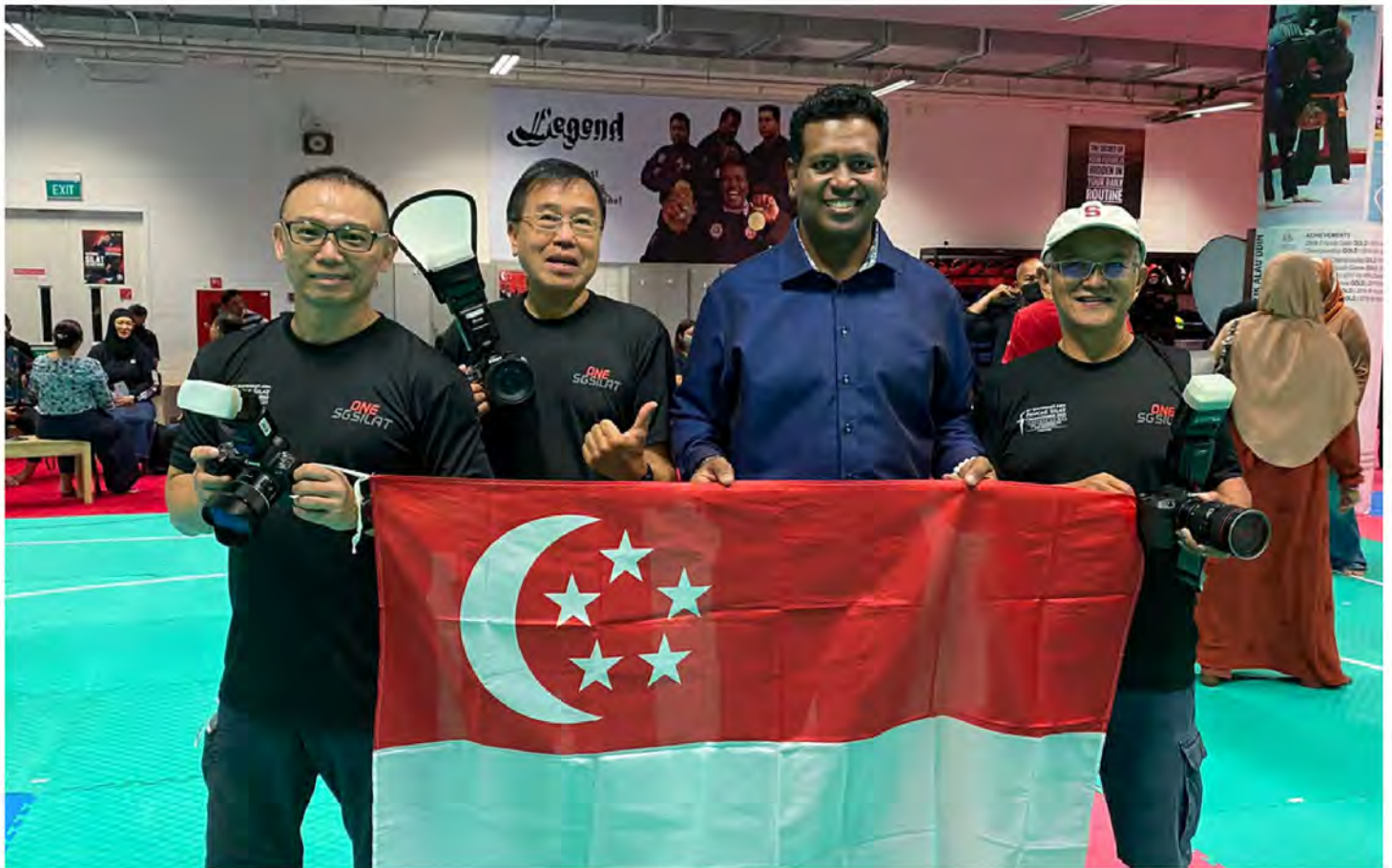
As for SK who started sports photography earlier, he only got himself taking action photos for the various Team Singapore sports events when he purchased a ticket to the Women's Tennis Association Finals at the Singapore Indoor Stadium and photographed from the stands.

With the limited opportunities to photograph sports, he was recommended to apply to join Team Nila as a volunteer photographer in 2018. This led to more opportunities to cover sporting events like hockey, netball, beach volleyball, and many more. It was during these events that all four of them met and became friends.

COVID-19 definitely brought the four of them together. Adhering to the restrictions, regulations and requirements, winning the trust of the various sports federations, they are able to capture these difficult moments for memories.



With the easing of the COVID-19 regulations, they started to look for sports events to cover. Jia Xing and Jupong managed to get the opportunities to cover events for beach volleyball, handball, sepak takraw and Silat. It was during one of the silat sessions that they met Dr Sheik. He warmly welcomed them to the silat community and allows *Unkersans* to cover Silat events.



Unkersans are committed to support the various sporting associations that allows them to cover their events. Through hard work, they are able to capture photos that are well-liked by the sports management team and their athletes.

With their credible work, even more opportunities come rising for them. The *Unkersans* has covered international competitions like the 8th South East Asian Pencak Silat Championship that was held in Singapore in February 2022, the 19th World Pencak Silat Championship in Malacca, Malaysia in July 2022 and the Southeast Asian Beach Handball Championships that was held in Bangkok, Thailand, for the Singapore Handball Federation in October 2022.

The team of photographers feel very grateful for these opportunities that come for them to expand their experiences and help make memories for the athletes and team officials.

It really takes time to break the ice and get to know the athletes, coaches, and supporting staff in order To help capture these memories through action-packed photographs.

With this, *Unkersans* always try to cover the entire event, including their training and preparation. Capturing photos on and off the field, interacting and conversing with the staff, coaches and athletes where possible and sharing the photos with them.



They also share the photos in their own social media platforms that depict the positive vibes of the athletes to showcase their efforts and skills. Regardless, they respect the coaches and athletes to not disrupt them during training and competition.

By always presenting themselves and sharing their sporting moments in a cordial manner, they hope to gain further trust so that the athletes, coaches and supporting staff feel comfortable when they are being photographed.



So far for Jia Xing and SK, the 19th World Pencak Silat Championship that was held in Malacca, Malaysia has been the best memory from photographing the various sports events thus far. It was their first time covering an entire World Championship event overseas, and it was memorable event having to cover from preparation, pre-tournament training up till the end of the competition.

From this event, they were able to get to know the athletes, coaches and supporting staff much better and this friendship enabled them to capture more candid photos.

Unkersans hope to be able to cover more international events both locally and overseas. They also strive to improve their photo-taking skills to better capture the mood of the events and the action of the athletes. Additionally, they hope to spread the interest of sports through their photos.

SSF BOARD MEETING

On the 14th of December 2022, Singapore Silat Federation held a Board Meeting via Zoom with its Committee Members to discuss the direction of the federation for the coming new year.

The meeting was also done to go through the federation's activities through the past months and for the members to get on the same page to working together.

Here's to another fulfilling year with Singapore Silat Federation.



MEETING WITH TERESA FROM SPORTSG

On the 14th of December 2022, Dr Sheik Alau'ddin sat down for a working lunch with the Assistant Director of Sport Heritage (Education & Outreach) of Sport Singapore, Ms. Teresa Teo Guttensohn.

The discussion was revolving around the 50th anniversary of Sport Singapore coming very soon. With the series of events to celebrate, we are so excited to put our hands together in this historical milestone with Sport Singapore!



NATIONAL CENTRE OF EXCELLENCE FOR WORKPLACE LEARNING (NACE)



The National Centre of Excellence for Workplace Learning (NACE), led by NYP was established in 2018 to help companies retain and build competencies through workplace learning to support business growth and strategies.

When employees are able to apply deep skills, organizations are in a better position to respond to a rapidly-changing environment. NACE helps companies address challenges systematically and build the strengths within the companies so that they emerge stronger.

Companies can identify the skills that are lacking, and the jobs that need to be redesigned. With coherent processes in place, capabilities and skills can be practised and honed at the workplace, supporting a company's growth in competencies and competitiveness.

Employers get to retain their skilled personnel because their employees experience job satisfaction. Businesses become 'fail-proof', and employees get to safeguard their jobs.

With domain expertise adapting Swiss and German methodologies, NACE can support companies' adoption of best-in-class practices for workplace learning. Services from NACE include workplace and mentorship training, consultancy and skills analysis.

MEETING WITH ANTHONY RAJ

Recently, our team sat down with Mr. Anthony Raj, who is a part of Active Element Pte Ltd.

With his intention to help National Sports Associations (NSAs), he is keen to help Singapore Silat Federation amongst many others, to get sponsors and funds to organize competitions and events.

With the packed calendar for Pencak Silat in 2023, we will be working together with Mr. Anthony in doing so and making 2023 a year that Pencak Silat goes out with a bang.

Stay tuned for more updates!



SILAT DEMONSTRATION @ HEALTH FIESTA

On the 3rd of December, the Sembawang GRC MAEC held a Health Fiesta where residents and advisors joined in activities such as warm-up exercises and a 3km brisk walk together as a community.

The event also included a Silat demonstration led by one of our Wasit-Juri, Mr. Yusoff Karim, together with athletes from Perguruan Silat Seni GRASIO. The athletes were also honored to meet Minister of Health of Singapore, Mr. Ong Ye Kung!





WEEKLY CONTACT SESSIONS WITH SSP & NYSI

To keep ourselves in the loop, our Technical team has been attending weekly contact sessions with the people who have been working with Singapore Silat Federation from the Singapore Sports School (SSP) and the National Youth Sports Institute (NYSI).

Some of these updates include:

- Updates on the student-athletes' academic performance,
- Planning of their 4-year projection in future competitions,
- Sharing of their training programme and progress,
- FY2023 intake for Primary 6 students and/or mid-streamers', and
- School programmes involving the student-athletes.



Learned Champions With Character



LUNCH WITH SQUASH LEGEND

Silat legend meets the Squash legend!

Recently, Dr Sheik Alau'ddin sat down with Mr. Zainal Abidin, who is Singapore's legendary 11-time National Champion and has represented Singapore in numerous World Squash Championships. He was also Asia-wide champion from 1980 until 1989.

Today, he is running a Squash academy for youth players at schools and clubs.



MAKAN WITH BODYBUILDING COMMITTEE @ SPIZE

On the 3rd of December, Dr Sheik Alau'ddin Yacoob Marican, PBM had lunch with the committee of the Association of Bodybuilding and Physique Sports Singapore at Spize @ Bedok.

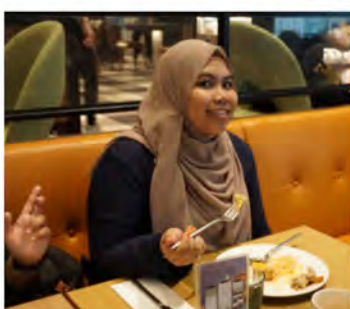
The year-end lunch was to review the past year and how it has been for the association. This was also to look forward to new and exciting things that are lined up for bodybuilding.



YEAR-END STAFF LUNCH @ J65

To wrap up the very eventful year of 2022, the staff members spent the day at J65 - JEN Singapore Tanglin by Shangri-La on the 28th of December!

With the new year in our way, here's wishing for a kick-start to an even more happening new year as we are looking forward to more events for Singapore Silat Federation.



LUNCH @ PUTRA MINANG WITH SPARRING PARTNERS AND SPORTS TRAINERS

On the 26th of December 2022, Dr Sheik Alau'ddin and Coaching Supervisor, Mr. Noh Mohd Shariff, sat down for lunch with our sparring partners and sports trainers from Indonesia.

They assisted our athletes for the three competitions that was held in Penang and Batam. Thank you for all your hard work, and we hope to see you again soon!



NATIONAL SYLLABUS

The National Syllabus is created to form a standard syllabus for those who are interested to learn Silat, and are not involved in any of the Silat clubs available.

This is also set for interested coaches and referees who have no prior Silat background to learn the basics of Pencak Silat.

With the National Syllabus, this can assist any interested members of public who are interested in the upcoming Referee-Jury and Coaching courses conducted by Singapore Silat Federation.

As the National Syllabus (Level 1) will be a pre-requisite for the two courses mentioned, this can give a heads up to participants on Pencak Silat and the New Rules.



NATIONAL SYLLABUS

The national syllabus is a set of standards that is going to be used across the Singapore silat fraternity.

It covers the levels that are taught and the standards that the learner has to reach. This curriculum sets out the programs and level targets for the learners to achieve at all levels.

All affiliates with Singapore Silat Federation (SSF) will have to teach this programme.

The complete version of the curriculum is at its key stages and SSF will present it to the Sports governing body for approval.



LEVELS IN NATIONAL SYLLABUS

SASH	LEVEL	DEFINITION	REMARKS
White	1	Beginner	
	2		
	3		
Green	4	Intermediate	Eligible to compete
	5		
	6		
Red	7	Advanced	
	8		
	9		
Brown	10	Assistant Instructor	Assist instructors with the White Sash students
	11		
	12		
Black	13	Instructor	
	14		
	15		

Full completion for the National Grading & Syllabus will approximately to be completed between 8 to 10 years.

Upon completion of each level, students will earn a badge where it will be placed on the edge of the sash. Students are required to put on the current badge they have attained for instructors to identify their level easily during training.

Badges will be given upon completion of each level.

Components that will be graded is inclusive of:

- Combination of basic techniques
- Stances and footwork
- Fighting style
- Memorization of artistic movements
- Code of Ethics of a Pencak Silat athlete
- Others

UPCOMING COURSES



For enquiries on our Coaching Courses (Level 1) and Referee-Jury Courses, drop us an email at ssf@persisi.org or give us a call at 6282 2316!



FUNDRAISING 2022 - 2023

Moving forward, we are excited to announce our upcoming fundraising initiatives for the year 2023 - 2024. We look forward to your support in helping us build our own World Silat Champions through our youth development program.

October 2022

Silat Awareness Mass Workout



November - December 2022

24-hr Silat Competition

Sponsor-A-Kid



December 2022 - January 2023

Back to School (Donate here: https://www.giving.sg/singapore-silat-federation/back_to_school_donation_for_a_cause)

January - March 2023

Road to SEA Games (Donate here: https://www.giving.sg/singapore-silat-federation/road_to_sea_games)



FUNDRAISING 2023 - 2024

Moving forward, we are excited to announce our upcoming fundraising initiatives for the year 2023 - 2024. We look forward to your support in helping us build our own World Silat Champions through our youth development program.

April - May 2023

24-hr Silat Demonstration

June - August 2023

Sponsor-A-Kid

September - October 2023

Youth, Future of Silat

24-hr Silat Demonstration

November - December 2023

Road to World Championship

January - March 2024

Donation for A Cause

24-hr Silat Competition

Keep a lookout for more information on these initiatives to support our youths through future updates on our website and social media pages.

THANK YOU LIGHTWING!

LightWing Singapore's representative, Ms Hera Kwan, sponsored our female athletes and coaches their premium sanitary pads from South Korea.

With the sponsorship that will continue on till 2023, this hopes to help our female members of Singapore Silat Federation to ease their monthly cycles with these premium sanitary options.



Learn more about LightWing through this link!



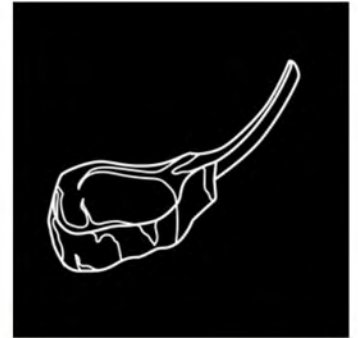
<https://www.facebook.com/LightWingSingapore/>

HAVE A BREAK; HAVE A STEAK.

To close off the new year, our CEO, Dr Sheik Alau'ddin, managed to squeeze in some time before the new year for a feast at Tomahawk King by Stuffedwing Lab.

Like they say:

“If I can't grab it by the bone and eat it like a brute, then what's the point?”



DINNER WITH HOME OF SEAFOOD

On the 31st of December 2022, the family of champions, Dr Sheik Alau'ddin and his family, gathered to have dinner with one of Singapore Silat Federation's partners, Home of Seafood.

With the wide range of seafood that they serve, the family enjoyed the dinner as they look back into the year that passed and towards the new year, especially for 3 of them who are current national athletes namely; Sheik Ferdous, Sheik Farhan and Nur Shaqira.



MEETINGS WITH NEW COLLABORATION PARTNERS

LIANG SENG SPORTS EQUIPMENT PTE LTD

Meet Mr. Steven Tan of Liang Seng Sports Equipment Pte Ltd! The company has an indisputable track record as Singapore's leading premier supplier and retailer for the foremost martial arts and sports equipment.

In addition to offering a wide selection of martial arts and sports products, Liang Seng also specializes in catering customized services such as embroidery, trophies, souvenirs, badges and apparel printing.



NUR INSAN



Mr. Izuwan and Mr. Mohd Hilmi from Nur Insan came down to meet our team at the OCBC Arena.

The initial purpose of Nur Insan was to serve the low income families in the northern sector of Singapore. As families would normally prioritise secular education, Nur Insan was aimed to help less fortunate families with Islamic knowledge through free education. Today, they have about 700 students all over Singapore under their care.

HOME OF SEAFOOD

We also sat down with Mr. Borhan from the Home of Seafood!

Home of Seafood serves Halal Chinese style seafood and is in partnership with the renowned House Of Seafood.

It has become a food icon in the industry in Singapore and overseas with six outlets around the country today.



MEET OUR SG SILAT PARTNERS



Keen on partnering or collaborating with us?

Wanting to know more how we can explore for any potential partnerships and collaborations?

Write in to us, let's sit down to have a cup of coffee, and see how we can take a journey together.

You can drop us an email at ssf@persisi.org

FRANK'S PARLOUR



They just celebrated their ONE YEAR Anniversary in July, despite being new in the barber industry, Frank's Parlour specializes in haircut, shavings, and other services!

Their shop is located at

273 Changi Road
Tuesday to Sunday
(closed on Monday)
11am to 11pm

Open to gentlemen only!

For our SG Silat Community DM us to know your perks & benefits!



PT GLOBAL EMAS MURNI



JUAL-BELI EMAS MURNI

Membeli produk dinar dengan pilihan ukuran yang bervariasi, memiliki nomor seri yang identik dengan NIK pembeli.

Buy back

lakukan penjualan kembali produk dinar Global Emas Murni (GEM) di website resmi dengan harga tertinggi dan proses yang mudah.



Are you interested to purchase Gold Coin as part of your investment plan? PT Global Emas Murni offers various of gold coins from size of 1/4 Dinar to 5 Dinar.

TeamSG Silat medalists from the 31st SEA Games was presented with Dinar Gold Coin by the Director, Mr. Mansur Lattaka.

Check out their website, if you would like to know more about the price of the Dinar now!



THZ TERAHERTZ INTERNATIONAL PTE LTD

TeraHertz resonated water device produce 7.6Hz functional cell water. Its reduce the viscosity of drinking water, increase water energy, producing 7.6Hz frequency water, which is the same frequency as the natural magnetic field of the earth, and the state of water molecules is transformed from aggregated cluster structure water into linear arrangement of water molecules.

TeraHertz water enhances cell activity, and stabilize energy helps to neutralizing free radicals, increasing oxygen content, reducing the vitality of water, it convert the frequency, structure, viscosity, and energy of ordinary water into low-frequency healthy water that is more conducive to direct absorption by cells, bringing more oxygen and nutrition direct to body cell, and thus eliminate more rubbish and toxins. Repair every cell and make it healthy and energetic.

Benefits after drinking of the TeraHertz Water;

- enhance human cell activity
- reduce blood viscosity
- expel waste and toxins,
- repair every cell
- more healthy and vigorous



OUR PARTNERS

MUD KRANK

The first & only ATV Adventure Park in Singapore.
Planning to get some mud on your face?

Come down to Gallop Kranji Farm Resort to get your
adrenaline rush!



Halal Indonesian restaurant that serves authentic Nasi Padang of Minangkabau, in Singapore.

Located at Somerset Bencoolen & International Plaza.

OUR PARTNERS



Looking to do recording, events, road show, exhibition, music production, or a professional team to entertain you at your event?

They may be the one that you are looking for. Plan your event with their awesome crew where you won't feel the stress. They will take your stress away!

Go check them out!

OUR PARTNERS



Planning for a pampering session for yourself or together with family and friends?

Having a bad hair day? Waxing, facial treatment, threading and many more. They are located at 121B Serangoon Rd, Level 3.



If you require security services for any of your upcoming events, at your offices, shops, warehouses or others.

Eagle I Security Service is the one you are looking for. Give them a call at 6256 7477

OUR PARTNERS



Wings Motor Gang (MG) Society Singapore is a group of bikers who are passionate about giving back to the community in the Singapore-Malaysia region on their Harleys!

We are in a tight-knit partnership with Wings MG Society as well as Bikers Union, as we work together towards giving back to the society and spreading awareness on our arts!

OUR PARTNERS



DUCATI MOTOR
CLUB
SINGAPORE

The Ducati Motor Club Singapore is a group of Ducati Motor Bike enthusiasts, who are also big on charity!

OUR PARTNERS



He is popular amongst the riders in Singapore.
Especially to those who ride motorbike.

Looking at motorcycle parts at affordable price? Go to
Mr. Lim Ah Boy shop located at Kelantan Lane. Bet you!
You will not be disappointed!

OUR PARTNERS



Liang Seng Sports Equipment Pte Ltd has an indisputable track record as Singapore's leading premier supplier and retailer for the foremost martial arts and sports equipment.

In addition to offering a wide selection of martial arts and sports products, Liang Seng also specializes in catering customized services such as embroidery, trophies, souvenirs, badges and T-shirt / uniform printing.

OUR PARTNERS



Home of Seafood serves Halal Chinese style seafood and is in partnership with the renowned House Of Seafood.

It has become a food icon and the famous brand in the seafood restaurant industry in Singapore and overseas. Today, with six outlets around the country, it is known as a great place for friends and families to enjoy a sumptuous meal together.

OUR PARTNERS



Project Pencil Singapore's main goal is to create one big family in the community to look out for each other in hopes to enhance the neighbourliness and fosters a strong kampung spirit in the community.

The team has also sponsored children from needy families with free tuition and field trips.



Nur Insan (then Nur Insan Educational Hub) was set up in 2002 under their previous parent association, The Muslim Social Welfare Association of Sembawang.

The initial purpose of setting up the learning centre was to serve the low income families in the northern sector of Singapore. As families would normally prioritize secular education, Nur Insan was aimed to help less fortunate families with Islamic knowledge through free education.

OUR PARTNERS



Group ONE Holdings (ONE) is Asia's largest global sports media platform with a broadcast to 150+ countries around the world.

According to Nielsen, ONE ranks amongst the world's top 10 biggest sports media properties for viewership and engagement. Through its marquee sports properties (ONE Championship and ONE Esports) and its passionate millennial community, ONE is a celebration of Asia's greatest cultural phenomena, Martial Arts and Gaming, and the deep-rooted Asian values of integrity, humility, honor, respect, courage, discipline, and compassion.

OUR PARTNERS



Looking for list of courses to upgrade yourself?

Marketing Institute of Singapore offers more than 100 courses, from executive (soft skills) to diploma, and many more.



Delgrow Automotive is one of the most reliable and ethical car dealers in Singapore.

With a wide range of services, they ensure the best car leasing experience for everyone, from selling new cars to dealing in used cars!

VENUE PARTNERS



OUR TAMPINES HUB

Our Tampines Hub, 1 Tampines Walk,
Singapore 528523



Tampines West Community
Centre, 5 Tampines Avenue 3
Singapore 529705



Wisma Geylang Serai, 1 Engku
Aman Turn, Singapore 408528

NATIONAL RECRUITMENT 2023

Join us and be the next Silat World Champion!

If you're interested in joining the National Team for Pencak Silat, send in your registrations now!

A Silat background would be ideal, but we are also open to those who don't.

For more information, you can contact us at 6282 2316, or write to us at ssf@persisi.org.



**NATIONAL
SILAT
RECRUITMENT**

JOIN US AND BE THE NEXT SILAT WORLD CHAMPION!

- World class training facilities & equipment
- Opportunity to represent Singapore in major international games
- Support from SSI
- Opportunities for awards & scholarships

"ALWAYS AIM FOR THE TOP!"

**- Sheik Farnan Sheik Alau'ddin
4-TIMES SILAT WORLD CHAMPION!
(2015, 2016, 2018, 2022)**

SINGAPORE SILAT FEDERATION ONE SGSILAT

SINGAPORE SILAT FEDERATION



NATIONAL REGISTRATION

REGISTRATION FEE	NEW	RENEWAL
Senior (17 - 45 yr old)	\$420.00	\$360.00
Junior (14 - 16 yr old)	\$420.00	\$360.00
Pre Junior (12 - 13 yr old)	\$420.00	\$360.00
Pre Teen (10 - 11 yr old)	\$320.00	\$260.00
Singa Silat (6 - 9 yr old)	\$320.00	\$260.00
Singa Cub (3 - 5 yr old)	\$320.00	\$260.00
Direct Entry (3 - 45 yr old) <i>For individuals who does not come from affiliated clubs and / or no martial art background</i>	\$460.00	\$400.00

TRAINING SCHEDULE

Category: Senior, Junior & Pre Junior

Days: Monday - Friday

Time: 730pm - 1030pm

Venue: OCBC Arena, Hall 4

Category: Pre Teen, Singa Silat & Singa Cub

Days: Monday - Friday

Time: 730pm - 1030pm

Venue: Heartbeat@Bedok, Silat Hall

Note: Singa Cub & Singa Silat only trains from Monday - Thursday

REGISTRATION DOCUMENTS

1. Athletes' Agreement
2. Club Endorsement form

Scan to register



UPCOMING EVENTS IN 2023

January

- 13, 20 Jan: Friday Fight Night
- 21 Jan: 32nd SEA Games Selection
- 22 - 24 Jan: Chinese New Year
- 27 - 29 Jan: Inter Grasio Pencak Silat Championship

February

- 3, 17 Feb: Friday Fight Night
- 3 - 5 Feb: Bekasi Open Challenge 7
- 4 Feb: Heartbeat@Bedok's 5th Anniversary
- 11 Feb: Semi Pro Silat
- 24 Feb - 6 Mar: Sarawak Premier International Silat Championship

March

- 2 - 5 Mar: Indonesia Paku Bumi Open XI International Championship (Indonesia)
- 3 Mar: Friday Fight Night
- 11 Mar: Semi Pro Silat & Pro Silat
- 17 - 19 Mar: Inter Grasio Pencak Silat Championship
- 22 Mar - 14 Apr: Hari Raya Bake Sale
- 25 Mar: Briefing on Beach Silat Rules

April

- 1, 15 Apr: Ramadhan Challenge
- 7 Apr: Good Friday
- 22 Apr: Hari Raya Aidilfitri
- 28 - 30 Apr: 25th Belgian Open Pencak Silat Championship
- 30 Apr: 32nd SEA Games Flag Raising Ceremony & Mass Silat Display

May

- 1 May: Labour Day
- 5 - 16 May: 32nd SEA Games (Cambodia)
- 19 - 21 May: Traditional Silat Showcase @ Anjung@WGS
- 20 May: National Recruitment Open House
- 25 - 27 May: Inter Grasio Pencak Silat Championship
- 27 May: SMAIA Annual Demonstration
- 27 - 28 May: Sports Carnival @ National Museum
- 29 May - 16 Jun: Qurban & Aqiqah Fundraising

June

- 1 - 4 Jun: Inter-CC Pencak Silat Championship
- 3 Jun: Vesak Day
- 7 - 11 Jun: 9th Singapore Open
- 16 Jun: SSF Fight League
- 19 - 26 Jun: 5th World Junior Pencak Silat Championship 2023 (Singapore)
- 29 Jun: Hari Raya Aidil-Adha (Philippines)

July

- 7 - 9 Jul: National Wasit Juri Course
- 15 Jul: Technical Meeting & Balloting - 45NPSC
- 22 Jul: Semi Pro Silat & Pro Silat
- 28 - 30 Jul: 45th National Pencak Silat Championship

August

- 4 - 6 Aug: 45th National Pencak Silat Championship
- 9 Aug: National Day
- 19 Aug: Semi Pro Silat
- TBC: 2nd World Beach Pencak Silat Championship

September

- 2 Sep: Technical Meeting & Balloting - 20TSC
- 9 Sep: SSF Fight League
- 15 - 17 Sep: 20th Tertiary Silat Championship
- 27 Sep: SSF Annual General Meeting
- TBC: SIJORI Championship (Kepulauan Riau, Indonesia)

October

- 4 - 8 Oct: 10th Singapore Open
- 14 Oct: Semi Pro Silat & Pro Silat
- 27 - 29 Oct: National Wasit Juri Course

November

- 4 Nov: Semi Pro Silat
- 10 - 12 Nov: Rising to Greatness 2023
- 12 Nov: Deepavali
- 17 - 26 Nov: 6th Asian Indoor and Martial Arts Games (Thailand)
- TBC: National Recruitment Drive

December

- 3 - 4 Dec: National Beach Silat Championship
- 9 Dec: Semi Pro Silat & Pro Silat
- 14 - 17 Dec: National Grasio Pencak Silat Championship
- 25 Dec: Christmas Day
- TBC: 7th Asian Pencak Silat Championship
- TBC: Kejuaraan Silat Terbuka Pesta Pulau Pinang
- TBC: Kejuaraan Pencak Silat WJKC3
- TBC: Walikota Batam Open Pencak Silat 2023
- TBC: 20th World Pencak Silat Championship (Indonesia)

CAMBODIA 2023: 32ND SEA GAMES

The 2023 Southeast Asian Games will be the 32nd edition of the Southeast Asian Games, a biennial sports multi-sport event which will be held from 5 to 16 May 2023 in Phnom Penh, Cambodia.

This will be the highest number of sports to be featured by a nation hosting the biennial Games for the first time since 1977. Cambodia could still see an increase in the number of sports to be contested if the request for other sports, including Pencak Silat.



SHARING WHAT'S "INSIDE THE GAMES"

A reliable platforms where news about sports are published and circulated - insidethegames.biz - will share with you on the latest updates, circulations, and information related to the sports industry!

6th Asian Indoor and Martial Arts Games

The games is confirmed to be scheduled from 17 to 26 November 2023 in Bangkok and Chonburi Province in Thailand.

After two times postponement due to the COVID-19 pandemic affecting the whole world. A total of twenty-nine medal sports and 2 demonstration sports are included in the AIMAG programme.



6th Asian Indoor and Martial Arts Games

Bangkok - Chonburi

2021

Host Country for the future Asian Games

2030 and 2034 host country for the Asian Games has been announced by the Olympic Council of Asia.

The 21st Asian Games will be hosted by Doha.

And 22nd Asian Games was awarded to Saudi Arabia capital Riyadh.

We are looking forward to the announcement on the numbers of medal sports will be participated in the games.

Pencak Silat first made its debut in the 18th Asian Games in Jakarta-Palembang when Indonesia became the host country.



21 ASIAN GAMES



22nd ASIAN GAMES

RIYADH 2034

WANT TO JOIN US AS A VOLUNTEER?

Always excited to render your service at any community events in Singapore?

Or do you know anyone who is always on-the-go to give all their heart?

Be part of our Volunteer Team!

Where you will get the chance to meet new

friends, gain experience, learn a bit or two about Pencak Silat and how Singapore Silat Federation runs their events!

Most importantly, to have fun while contributing back to the society and Silat community! Email umairah@persisi.org and state your interest to be our volunteer!

**ONLINE
VOLUNTEER
RECRUITMENT**

**BE PART OF
SINGAPORE SILAT
FEDERATION FAMILY!**

**BECOME SSF VERY OWN
VOLUNTEER
CREW & ANCHOR OF SSF
EVENTS!**

**11 - 65
YEARS OLD**

**MUST BE
PHYSICALLY FIT**
*Some duties may requires long
hrs of standing

**MUST BE ABLE TO
COMMIT ON WEEKENDS**
* Friday, Saturday,
Sunday & PH

**MUST BE ABLE TO COMMIT
ON WEEKDAYS**
* Depending on events
requirements

SCAN ME

**ONE
SGSILAT**



RUNNING A SILAT CLUB?

Singapore Silat Federation welcomes any new Silat Club to join us as our affiliate, be it as an Ordinary or Associate Member!

You will be able to get first-hand information with regards to Pencak Silat activities and programmes happening locally and internationally. Most importantly, get your Silat Club recognized and certified by us, the main governing body for the sport in Singapore.

Currently, we have twenty (20) Ordinary Members, and seven (7) Associate Members registered with us.

And a total of forty-eight (48) Silat Clubs, also known as Perguruan, registered and certified with Singapore Silat Federation.

To join us, simply write in to register your interest via email to ssf@persisi.org and attention it to our President with Affiliation with Singapore Silat Federation as your subject.

We look forward to welcoming you on board!



BE A PART OF OUR SILAT FAN CLUB!



*We want
you!*

Come and Join us.
BE PART OF SILAT FAN CLUB

DAI HOI
THE THAO
DONG NAM A
LAN THU XI
VIET NAM
2021

DAI HOI
THE THAO
DONG NAM A
LAN THU XI
VIET NAM



 [Hurrah.sgsilat](https://www.instagram.com/hurrah.sgsilat)

Follow our Instagram at [@hurrah.sgsilat](https://www.instagram.com/hurrah.sgsilat) for more information!



HELP US ACHIEVE OUR DREAMS TO BE CHAMPIONS

**YOU CAN SIMPLY HELP US
BY MAKING OUR DREAMS
COME TRUE...**

Being a Charity and IPC Status, all outright cash donation will be entitled to a Tax Deductible receipt of 2.5 times.

Donation can be made through the following modes of payments.



1. iBanking (Direct Bank Transfer to - DBS Current Account 017-007120-3)
2. PayNow (UEN No. S76SS0039A)
3. Cheque (Payable to Singapore Silat Federation)

For issuing of Tax Deductible Receipt, the following information is required:

- Individual (Full Name & Identification No.)
- Company (Registration Company's Name & UEN No.)



@SGSILAT

For more information, you can contact us via:
Singapore Silat Federation
Heartbeat@Bedok, 11 Bedok North Street 1
NSA Office, #04-02, Singapore 469662
Main: + 65 6282 2316 / 17 / 19
E-mail: ssf@persisi.org



**ONE
SGSILAT**

FOLLOW US ON



@SGSILAT



**SINGAPORE SILAT
FEDERATION**

TALK TO US

(65) 6282 2316 / 17 / 19

ssf@persisi.org // www.persisi.org

WE ARE LOCATED AT..

*11 Bedok North Street 1, Heartbeat@Bedok, #04-02,
Singapore 469662*



**ONE
SGSILAT**

Happy
NEW YEAR
2023





SGSILAT



MUHAMMAD IQBAL

MUHAMMAD HAZIM

SHEIK FARHAN

NURUL SUHAILA

SHEIK FERDOUS



CHAMPIONS